SPIRITUAL UPDATE

Collective Consciousness

KK AGGARWAL

onsciousness is an energized field of information with powers to do everything in the universe. Collective consciousness is the internet of the collective souls of many people in a group.

Collective consciousness is the strongest super power ever available in the universe. As per the Vedic texts, whatever is the intent of collective consciousness will become a reality. Scientifically, collective consciousness is based on the principle of critical mass. Vedic literature has shown it to be 1% of the defined population under study.

The origin of the critical mass comes from 100th monkey phenomenon. The story goes as under: long ago in Japan a monkey called Emo used to eat dirty apples everyday picked up from the ground. One day by accident the apple fell down in a river, the dirt got washed off and he ate the washed apple. Obviously, it tasted delicious. He started washing the apples thereafter every day before eating. His fellow monkeys started following the same. The process of following went on. A time came when the 100th monkey washed the apple and ate it. A strange phenomenon was noticed. All monkeys in and around that state started washing the apple before eating. The no. 100 was the critical mass.

Group Editor-in-Chief, IJCP Group

Once this mass is crossed the information will spread like a wild fire and the intent becomes a universal reality. Vedic literature has also shown if 1% of the public of any area meditates together, the crime rate of that area goes down. It also talks about the role of critical mass in prayers in achieving miracles.

Thus principle of critical mass is often used in designing and organizing an event. In a movie hall of 1,000 people if 10 people clap sitting in different areas everybody will clap. The same is true for hooting at a particular scene. Most politicians use this principle when they organize election rallies. For a gathering of 10,000 they need 100 and for a gathering of 1,000 people they only need 10 supporters who are suppose to sit in different areas and shout or clap on given directions. The Mexican way of hooting or clapping in cricket grounds also follows the same principle. For a ground like Eden Gardens with a capacity of 75,000 people you only require 750 people to control the mood of the people. This is what happens in a recent incident when the Indian team was hooted out by the sentence "No Ganguli no play, No Dada no play". If Greg Chappel or Jagmohan Dalmiya had anticipated this, they would have used the same strategy to produce just the opposite result. They could have posted 1500 people (2% of the population) in the stadium shouting pro-Dravid slogans and the end result of the match could have been different.

Most successful leaders used this technology to lead.

Quitting Tobacco

Formula of 40

- Cigarette smoking causes over 40 lakh deaths worldwide each year.
- 40% of all regular smokers can be expected to die from a tobacco-related illness.
- Stopping smoking before age 40 is associated with a larger decline in premature mortality than stopping at a later age.
- Cigarette smoking is estimated to be responsible for 40% of all cardiovascular deaths.
- Those smoking >40 cigarettes per day will lose 6 years (M) and 3 years (F) of life.

Formula of 10

• 10% or more of quitters may gain over 10 kg after smoking cessation.