

Lighter Side of Medicine

HUMOR **NOBEL PRIZE**

A man is driving down a country road, when he spots a farmer standing in the middle of a huge field of grass. He pulls the car over to the side of the road and notices that the farmer is just standing there, doing nothing, looking at nothing.

The man gets out of the car, walks all the way out to the farmer and asks him, "Ah excuse me mister, but what are you doing?"

The farmer replies, "I'm trying to win a Nobel Prize."

"How?" asks the man, puzzled.

"Well I heard they give the Nobel Prize to people who are outstanding in their field."

YOU'RE GOING TO LOVE THE DAD'S REPLY

A teenage boy had just passed his driving test and inquired of his father as to when they could discuss his use of the car.

His father said he'd make a deal with his son: "You bring your grades up from a C to a B average, study your Bible a little, and get your hair cut. Then we'll talk about the car."

The boy thought about that for a moment, decided he'd settle for the offer, and they agreed on it.

After about 6 weeks his father said, "Son, you've brought your grades up and I've observed that you have been studying your Bible, but I'm disappointed you haven't had your hair cut".

The boy said, "You know, Dad, I've been thinking about that, and I've noticed in my studies of the Bible that Samson had long hair, John the Baptist had long hair, Moses had long hair...and there's even strong evidence that Jesus had long hair."

You're going to love the Dad's reply.

"Did you also notice they all walked everywhere they went?"

BASEBALL

There were these two friends, Bill and Bob, and they both loved baseball. So, they made a promise to each other, the first one to die, will come back and let the other know if there's baseball in heaven. Well, the day comes and Bob passes. Weeks turn to months while Bill is still waiting to hear from his friend.

Then one day, Bill is walking down the street, and Bob appears. Bill all excited says: "I've been waiting forever! So tell me, is there or isn't there Baseball in heaven?" Bob kinda perks up and says: "I've got good news and bad news." "1st, there is Baseball in heaven! The bad news is you're pitching Friday!"

THE CHEMICAL FORMULA FOR WATER

Little Johnny's teacher asks, "What is the chemical formula for water?" Little Johnny replies, "HIJKLMNO"!!

The teacher, puzzled, asks, "What on earth are you talking about"?

Little Johnny replies, "Yesterday you said it was H to O!"

Dr. Good and Dr. Bad

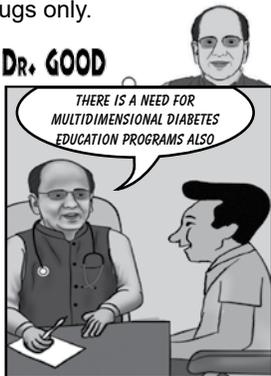
SITUATION: A man with type 2 diabetes who also had bipolar disorder was prescribed oral hypoglycemic drugs only.

DR. BAD



GLYCEMIC CONTROL ALONE WILL BE HELPFUL

DR. GOOD



THERE IS A NEED FOR MULTIDIMENSIONAL DIABETES EDUCATION PROGRAMS ALSO

LESSON: People with mental illnesses usually have poor diabetes self-care behaviors. This could be attributed to various challenges experienced by them such as psychological, emotional stress, lifestyles, food habits, perceptions of affordability, health literacy, value of health information, physical states of health and social environments. Thus, there is a need for multidimensional diabetes education programs that consider these challenges to meet the requirements of patients with mental illnesses.

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