

Lighter Side of Medicine

HUMOR **A WALKING ECONOMY**

This guy is walking with his friend, who happens to be a psychologist. He says to this friend, "I'm a walking economy."

The friend asks, "How so?"

"My hairline is in recession, my stomach is a victim of inflation, and both of these together are putting me into a deep depression!"

UPSET IS UNHEALTHY

The mother of a problem child was advised by a psychiatrist, "You are far too upset and worried about your son. I suggest you take tranquilizers regularly."

On her next visit the psychiatrist asked, "Have the tranquilizers calmed you down?"

"Yes", the boy's mother answered.

"And how is your son now?" the psychiatrist asked.

"Who cares?" the mother replied.

I KNOW, DOC

A man swallowed a mouse while sleeping on the couch one day. His wife quickly called the doctor and said, "Doctor, please come quickly. My husband just swallowed a mouse and he's gagging and thrashing about."

"I'll be right over," the doctor said. "In the meantime, keep waving a piece of cheese over his mouth to try to attract the mouse up and out of there."

When the doctor arrived, he saw the wife waving a piece of fish over her husband's mouth. "Uhh, I told you to use cheese, not fish, to lure the mouse."

"I know, doc," she replied, "but first I've got to get the darn cat out of him."

SCIENCE LESSON

Miss Jones had been giving her second-grade students a lesson on science. She had explained about magnets and showed how they would pick up nails and other bits of iron. Now it was question time, and she asked, "My name begins with the letter 'M' and I pick up things. What am I?"

A little boy on the front row proudly said, "You're a mother!"

NEW TEETH

Our local minister had all of his remaining teeth pulled and new dentures made a few weeks ago.

The first Sunday, his sermon lasted 10 minutes. The second Sunday, he preached only 20 minutes. But, on the third Sunday, he preached for an hour and a half.

I asked him about this. He then told me "well, John, that first Sunday, my gums were so sore it hurt to talk. The second Sunday, my dentures were still hurting a lot. Now the third Sunday, I accidentally grabbed my wife's dentures AND I COULDN'T STOP TALKING!"

Dr. Good and Dr. Bad

SITUATION: An obese male with type 2 diabetes was advised behavioral therapy, dietary changes and increase in physical activity to lose weight. He was told to consult a trained interventionist for achieving better outcomes.

DR. BAD DR. GOOD

LESSON: According to the ADA, diet, physical activity and behavioral therapy designed to achieve over 5% weight loss must be prescribed to overweight and obese individuals with type 2 diabetes who are ready to achieve weight loss.

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