

Lighter Side of Medicine

HUMOR

JEALOUSY

The guy approached a beautiful looking woman in a mall and asked, "You know, I've lost my wife here in the mall. Can you talk to me for a couple of minutes?"

"Why?" she asks.

"Because every time I talk to a beautiful woman, my wife appears out of nowhere."

NOBEL PRIZE

A man is driving down a country road, when he spots a farmer standing in the middle of a huge field of grass. He pulls the car over to the side of the road and notices that the farmer is just standing there, doing nothing, looking at nothing.

The man gets out of the car, walks all the way out to the farmer and asks him, "Ah excuse me mister, but what are you doing?"

The farmer replies, "I'm trying to win a Nobel Prize."

"How?" asks the man, puzzled.

"Well I heard they give the Nobel Prize to people who are outstanding in their field."

A FOLLOWING PERSON

A teacher was sitting at her desk grading papers when her first-grade class came back from lunch. Alice informed the teacher, "Paul has to go to the principal's office."

"I wonder why," the teacher mused.

"Because he's a following person," Alice replied.

"A what?" the teacher asked.

"It came over the loudspeaker: 'The following persons are to go to the office.'"

STOP FOLLOWING ME!

A man was walking home alone one night when he heard a "BUMP...BUMP...BUMP..." behind him. Walking faster, he looked back, making out an image of an upright coffin banging its way down the middle of the street towards him...."BUMP..BUMP...BUMP..."

The man began to run toward his home, and the coffin bounced after him faster....faster...BUMP BUMP BUMP!

He ran up to his door, fumbled with his keys, opened the door, rushed in, and locked it behind him. The coffin crashed through his door, with the lid of the coffin clapping BUMP...BUMP...BUMP... on the heels of the terrified man. The man rushed upstairs to the bathroom and locked himself in, heart pounding.

With a CRASH, the coffin broke down the door, coming slowly toward him. The man while screaming, reached for something, anything....all he can find was a box of cough drops which he hurled at the coffin.

... and suddenly "the coffin stops!"

Dr. Good and Dr. Bad

SITUATION: A 43-year-old woman diagnosed with type 2 diabetes (high HbA1c level) on hypoglycemic drugs was a chronic smoker and was advised to quit smoking. Moreover, she was informed about the importance of treatment adherence and was asked to never miss her appointments.



DR. BAD

ALTHOUGH TREATMENT ADHERENCE WILL HELP BUT SMOKING CESSATION AND ADHERENCE TO FOLLOW-UP VISITS ARE NOT LIKELY TO BE BENEFICIAL



DR. GOOD

ALL 3 FACTORS ARE IMPORTANT

LESSON: A study has identified various factors that help in determining improvement in HbA1c levels. These include baseline HbA1c, treatment adherence and attendance to visits. In addition, it showed that patients who stop smoking have greater adherence to hypoglycemic agents and those who receive therapeutic education are more likely to maintain the appointments. However, those on insulin have poorer adherence and are more likely to miss the appointments.

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