

# Lighter Side of Medicine

**HUMOR**

## TOP SECRET COMMUNICATIONS CENTER

When my son was in the Air Force, my wife and I visited quite often. On our first visit, we were allowed inside this top secret Communications Center, but everything in sight was covered up so we could look around everywhere — Heck, even the toilet paper in the Men’s room was disguised.

Anyway, at the exit, there’s a sign above the door, which reads: “You have been exposed to Top Secret Material. Please destroy yourself before leaving the building.”

## NEW DISEASE

A recent college graduate took a new job in a hilly Eastern city and began commuting each day to work through a tiring array of tunnels, bridges and traffic jams. Thinking it would make the trip more bearable, he invited several coworkers to share the ride. However, the commute actually got more stressful, especially the trips through the tunnels. He consulted the company doctor.

“Doc,” the frustrated commuter complained, “I’m fine on the bridges, in the traffic, in the day and at night, and even when Joe forgets to bathe all week. But now, when I get in the tunnels with those four other guys crowded into the car, I get anxious and dizzy, and I feel like I’m going to explode.”

Without further analysis, the doctor announced he had diagnosed the ailment. “What is it, Doc? Am I going insane?”

“No, no, no, my boy. You have something that is becoming more and more common.” “Tell me! What is it?”

“You have what is known as Carpal tunnel syndrome.”

## MISSING HOMEWORK

After teaching high school for nearly 20 years, I thought I’d heard every possible excuse for missing homework until one parent sent me this note: “Please excuse Lori for not having her algebra homework. The cat had kittens on it last night.”

## SALES PRACTICE

The out-of-work newlywed took a temporary job as a vacuum cleaner salesman to make ends meet. After 3 days of intensive training, the sales manager told him to go home and practice his pitch on his wife.

The next morning, the manager asked the novice how he made out.

“Well,” the man began, “I did what you said, and after I finished, I asked her if she would buy the vacuum cleaner from me. She said ‘Yes.’ Then I asked her ‘Why?’ She replied, ‘Because I love you.’”

## WHAT IT MEANS

Five-year old Becky answered the door when the Census taker came by.

She told the Census taker that her daddy was a doctor and wasn’t home, because he was performing an appendectomy.


“My,” said the census taker, “that sure is a big word for such a little girl. Do you know what it means?”

“Sure! Fifteen hundred bucks and that doesn’t even include the anesthesiologist!”

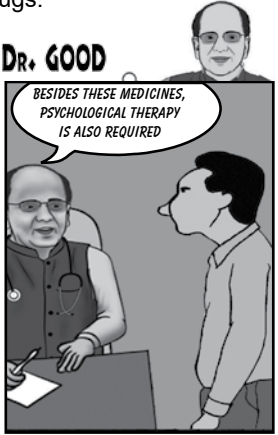
### Dr. Good and Dr. Bad

**SITUATION:** A man with type 2 diabetes and comorbid depression was advised to take oral hypoglycemic drugs.

**DR. BAD**



**DR. GOOD**



**LESSON:** According to a meta-analysis, psychosocial intervention appears to be an effective approach and offers additional benefits for patients with type 2 diabetes and depression.

Neuropsychiatr Dis Treat. 2017;13:2681-90.  
© IJCP GROUP