

# Lighter Side of Medicine

HUMOR

## TROUBLE ON THE ROOF

Mike and Rob were laying tiles on a roof when a sudden gust of wind came and knocked down their ladder.

"I have an idea," said Mike. "We'll throw you down, and then you can pick up the ladder."

"What, do you think I'm stupid?" Rob replied. "I have an idea. I'll shine my flashlight, and you can climb down on the beam of light."

"What, do you think I'm stupid?" Mike answers. "You'll just turn off the flashlight when I'm halfway there."

## THE SHIPWRECKED MARINER

The shipwrecked mariner had spent several years on a deserted island. Then one morning he was thrilled to see a ship offshore and a smaller vessel pulling out toward him.

When the boat grounded on the beach, the officer in charge handed the marooned sailor a bundle of newspapers and told him, "The captain said to read through these and let us know if you still want to be rescued."

## NEW DISEASE

A recent college graduate took a new job in a hilly Eastern city and began commuting each day to work through a tiring array of tunnels, bridges and traffic jams. Thinking it would make the trip more bearable, he invited several coworkers to share the ride. However, the commute actually got more stressful, especially the trips through the tunnels. He consulted the company doctor.

"Doc," the frustrated commuter complained, "I'm fine on the bridges, in the traffic, in the day and at night, and even when Joe forgets to bathe all week. But now, when I get in the tunnels with those four other guys crowded into the car, I get anxious and dizzy, and I feel like I'm going to explode."

Without further analysis, the doctor announced he had diagnosed the ailment. "What is it, Doc? Am I going insane?"

"No, no, no, my boy. You have something that is becoming more and more common." "Tell me! What is it?"

"You have what is known as Carpool Tunnel Syndrome."

## HIGH BLOOD PRESSURE

When a physician remarked on a new patient's extraordinarily ruddy complexion, he said, "High blood pressure, Doc. It comes from my family."

"Your mother's side or your father's?" the doctor asked.

"Neither," he replied. "It's from my wife's family."

"Oh, come now," the doctor said. "How could your wife's family give you high blood pressure?"

He sighed. "You oughta meet 'em sometime, Doc!"

## FIRST DAY AT SCHOOL

A school teacher injured his back and had to wear a plaster cast around the upper part of his body.

It fit under his shirt and was not noticeable at all. On the first day of the term, still with the cast under his shirt, he found himself assigned to the toughest students in school.

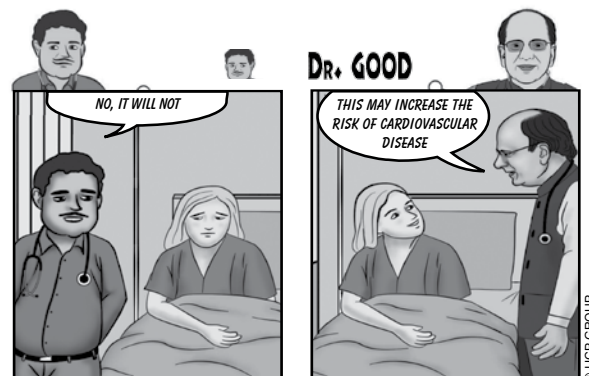
Walking confidently into the rowdy classroom, he opened the window as wide as possible and then busied himself with desk work.

When a strong breeze made his tie flap, he took the desk stapler and stapled the tie to his chest.

He had no trouble with discipline that term.

## Dr. Good and Dr. Bad

**SITUATION:** A female with type 2 diabetes recently had a severe episode of hypoglycemia. She was worried if this could have an impact on her health in the future.



**LESSON:** The researchers of a study have shown that severe hypoglycemia is suggestive of declining health. In addition, it is a useful marker for determining risk of cardiovascular events and mortality.

*Diabetes Care. 2018;41(1):104-11.*